DOCUMENT RESUME

ED 411 088 PS 025 782

| | |
|---|---|
| AUTHOR | Stenhouse, Glen |
| TITLE | Practical Parenting: Successful Strategies for Solving Your Child's Behaviour Problems. |
| ISBN | ISBN-0-19-558333-7 |
| PUB DATE | 1996-00-00 |
| NOTE | 166p. |
| AVAILABLE FROM | Oxford University Press, Inc., Business Office, 2001 Evans Road, Cary, NC 27513; phone: 800-451-7556; fax: 919-677-1303 ($21.95). |
| PUB TYPE | Books (010) -- Guides - Non-Classroom (055) |
| EDRS PRICE | Document Not Available from EDRS. |
| DESCRIPTORS | Aggression; Anger; Attention Deficit Disorders; *Behavior Problems; Child Development; *Child Rearing; Corporal Punishment; Discipline; Divorce; Hyperactivity; Learning Disabilities; *Parent Child Relationship; *Parent Education; Parent Influence; Parent Materials; *Parenting Skills; Personality; Self Esteem; Sex Differences; Sex Education; Sexual Abuse; Sibling Relationship; Sleep; Talent; Television Viewing |
| IDENTIFIERS | *Behavior Management; Enuresis; Sleep Disorders; Toilet Training |

ABSTRACT

Recognizing that all parents encounter challenges in raising their children, this book presents practical strategies for solving common behavior problems. Chapter 1, "Bonding," concerns the development of parent-child attachment. Chapter 2, "Encouraging Development," discusses "hot-housing," language development, and early intervention. Chapter 3, "Toilet Training," deals with readiness, modeling, and problems with older children. Chapter 4, "Night Waking," compares approaches to dealing with night waking. Chapter 5, "Nightmares," discusses sleep cycles, nightmares and night terrors, and sleepwalking. Chapter 6, "Bedwetting," suggests a program for nocturnal enuresis. Chapter 7, "Toddler Terrorism," focuses on parental expectations and behavior management techniques. Chapter 8, "Time-out," highlights this technique for curbing serious misbehavior. Chapter 9, "Smacking," discusses ways to avoid physical punishment and manage anger. Chapter 10, "Aggression and Anger," includes strategies to teach children anger management. Chapter 11, "Sibling Rivalry," describes preparing children for a new baby's arrival and rivalry in older children. Chapter 12, "Temperament and Talent," describes biological givens in children's characteristics. Chapter 13, "Hyperactivity," concerns hyperactivity and attention deficit disorder. Chapter 14, "Specific Learning Disability," deals with assessment and needs of children with learning disabilities. Chapter 15, "Girls and Boys," considers the sources of sex differences. Chapter 16, "Sexual Behaviour," discusses early sexual behavior, sex education, and sexual abuse. Chapter 17, "Television," addresses taking control of television viewing. Chapter 18, "Communication," makes suggestions for communicating effectively with children. Chapter 19, "When Parents Separate," focuses on protecting children during separation and divorce. Chapter 20, "Self-Esteem," suggests ways to enhance a child's sense of self. (KB)